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L I T T L E T R A V E R S E S A I L O R S

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CORINTHIAN SPIRIT

Good sportsmanship goes a long way in life

Where do you draw the line between winning and losing? It's simple. You don't.

Good sportsmanship is important. It's about helping each other without having to be asked. It's about congratulating each other for a game well-played, and it's about recognizing the positive effort of both sides. Either way, no matter the outcome, being a gracious competitor will provide a solid personal foundation for anyone involved in our sport.

In yacht racing, good sportsmanship is commonly referred to as 'corinthian spirit', based on the excitement of a common goal – to have *fun* during the thrill of competition. It's important to point out that being a gracious competitor can be difficult even though you had a tough day.

While good sportsmanship may be something largely recognized on the water, it's vital to understand that it extends well beyond competitive activities. It forms an important part of our lives during our future years in business, teaching or other professions. It provides good guidance for our lives no matter what the activity.

What are some examples of good sportsmanship? Helping a fellow sailor rig their boat when they are having trouble, or congratulating a competing skipper for a great race even though they beat you across the line. It's not about throwing your hat on the ground wishing for a different result, that's for sure.

Sports that involve competitive groups are a thrill. Making people feel that they play an important role in the competitive landscape, both winners and non-winners, is critical to sustaining competition in general. Good sportsmanship can draw a bold line between classy competition and sour grapes, remembering that *handshakes* are preferred over 'head shakes'.

Good sportsmanship is an important part of the Little Traverse Sailors even before we hit the water!



Sailing is Tax Friendly?

Did you know that the Little Traverse Sailors is a non-profit 501(c)3 organization? We can always use your financial support, and be advised that your donations may qualify for a generous tax deduction.

To 'Furl' means to roll, fold, gather or make up and secure any sail on its boom or yard.

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Meet the 'Pixel'

The 'Pixel' is a new addition to the Little Traverse Sailors this year. We have 6 new Pixels this year that originated in China, were shipped via container ship to New York, and then arrived in Harbor Springs in December.



A few notes on the 'Pixel'

- 13 feet, 9 inches long
- Sailed with a crew of 2 or 3
- 5 foot, 6 inch beam
- Self-rescuing - sail away following capsize
- Mainsail, Jib and Spinnaker
- Designed by Bruce Kirby (designer of the popular 'Laser' sailboat).

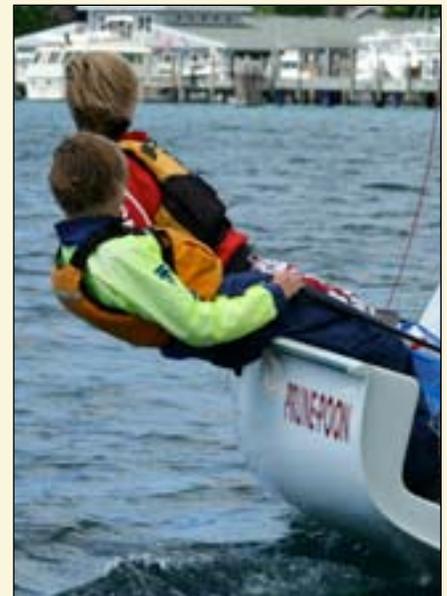
The Pixel was designed to be a light, transitional dinghy for youth sailors learning how to use jibs and spinnakers. While it was designed as a youth trainer, it has more than enough legroom for adult sailors as well. More information can be found at www.sailpixel.com.

Can you actually 'BEND' a sail? Sure thing, but it might not mean what you think. To 'bend' a sail means to secure a sail to an appropriate part of the boat.



Mastering the HIKE!

Smaller boats don't have the luxury of a full keel filled with ballast. They rely on the crew's ability to lean over the rail and practically touch the water. They are, essentially, 'human ballast', keeping the boat from totally capsizing. 'Hiking' is the general term used, and it can enhance the performance of a small boat dramatically as it sails up wind.



Meet the 'Lido 14'

The Lido 14 is a great little boat. They too, were built to teach young sailors. As a result, their hulls were 'beefed up' for school use - not abuse! They were first designed in 1958, and have been used for many sailing schools, family outings as well as good natured competitive racing. We are blessed to have 9 Lidos this year.



A few notes on the 'Lido 14'

- 14 feet long
- Sailed with a crew of 2 or 3
- 6 foot beam
- Mainsail and jib only
- Produced by WD Schock Co.

The Lido 14 is one of the most successful crossover dinghies built. They are a stable day sailer that can be actively raced. With an ample beam, it can support 4 adults comfortably during a day on the water.

Don't get 'pinched'! Pinching, contrary to what you might think, is when you are sailing too high into the wind. Pinching makes for a slow boat!



The 'Dinghy'

A common term used in the description of a small, very light, rowing or sailboat. A 'dinghy' (pronounced 'ding-ee') has been the first experience for many young sailors. They provide an excellent opportunity to feel the dynamics of the boat while providing a vital training ground for future Olympic class and professional sailors. While many people use the term 'dinghy' loosely, dinghies are among one of the most competitive classes of performance sailboats.



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Hull Shapes and SPEED!

How does the shape of a boat's hull influence the speed of a boat? It's not easy to explain, but here are a few things to consider.

There are two types of hull shapes to consider: a planing (think 'plane') hull, and a displacement hull. A **planing hull** will have a relatively flat bottom, and not a whole lot of underwater surface area. There will be a significant amount of sail area devoted to the sailplan for a planing hull shape. The greater sail area will allow the boat to 'pop' up out of the water, and skip along the top of the water much like a skipping stone. In this case, a planing hull can provide an exhilarating experience capable of speeds in the mid teens in boatspeed, as measured in knots.

A **displacement hull** will be much more stable. It relies on its hull shape for greater stability, and basically 'pushes' water out of the way as it moves forward through the water. Generally speaking, it has much more of a rounded underwater shape, and weighs more than a planing hull shape. While not capable of high speeds, it does provide a solid and comfortable ride during most wind conditions.

Neither hull shape will excel in all conditions, and each one will require a different level of athleticism and experience in order to sail effectively. While there are advantages to both hull shapes, you'll find that both can be great fun to sail!



Keeping a 'Weather Eye'

We make every effort to provide the safest environment possible in order to teach our young sailors how to sail proficiently. At times, we've been witness to weather patterns in Little Traverse Bay that can cause some to prefer watch from the shore. Sailors, however, may have to cope with rough weather from time to time, and we feel that it is important to teach our young sailors how to sail, properly and safely, in most weather conditions. As they say, 'calm seas don't make you a better sailor'.



Present meets Past

Sailing in Little Traverse Bay has always been a part of our history. The 'Edith I', the Little Traverse Yacht Club's committee boat, was named after the founder of the Little Traverse Sailors. Back in 1951, Mrs. Edith Irish taught many of the children the virtues of sailing. Here she crouches with her summer 'crew' ready to go out and sail. Granted, the Leyman dock is no longer around, but the spirit of quality sailing instruction is alive and well in our area. We are proud to have sailing roots that extend far beyond the end of the dock.

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THE STAFF



From left to right: Carrie Bell, Laura Schira, Whitney Couzens, Bridget McAvoy, Peter Kalinowski, Norman Berge, Cameron Shults, Josh Behmer, Jeff Behmer, Ricky Meade, Emily Bell. Not pictured: Trevor Davis, Meghan O'Brien, Kristin Levanovich, Alex Russell and Patrick Healy.

	Instructor	Hails From?	Favorite Boat?	Favorite LTS Lunch?
	Trevor Davis	Petoskey, MI	Mumm 30	Baked Ziti
	Bridget McAvoy 	Central Lake, MI	Anything!	PB&J's
	Norman Berge	Boyne City, MI	Opti	Gurney's
	Emily Bell 	Petoskey, MI	Anything!	Pineapple
	Laura Schira	Bloomfield, MI	J-22, JY 15	Salami Sandwiches
	Cameron Shults 	San Antonio, TX	Laser	Gurney's
	Meghan O'Brien	St. Louis, MO	NM's	Gurney's
	Ricky Meade 	Cincinnati, OH	Star	Deli Sandwiches
	Kristin Levanovich	Petoskey, MI	Dinghies	Gurney's
	Whitney Couzens 	Grosse Pointe, MI	Melges 24	Gurney's
	Jeff Behmer	Northville, IL	420's	Gurney's
	Alex Russell 	Winnetka, IL	Hinckley	Gurney's
	Peter Kalinowski	St. Louis, MO	420's	Gurney's
	Carrie Bell 	Petoskey, MI	Optis	Banana Chips
	Josh Behmer	Northville, IL	Melges 32	Cornichon's

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What's in a name?

Our boats are all the same, but different. So, what's the difference?

It's all in the name. **'Pancake'**, was the name of the LTS boat that is named in tribute to the pancake breakfast the morning of the LTYC Regatta. **'Prune Poon'** is in remembrance of the two types of boats we've used in the past - the Prunes, and the Harpoons. **'Chief Blackbird'** was an influential Ottawa indian who moved to Harbor Springs in 1858. **'U-Gotta'** is the name of the annual LTYC Regatta.

'Go-Blue', and **'Spartan'** aren't the best of friends, and you might understand why. **'Pollywog'** was the name for a tadpole and the name of a small work boat owned by L.E. Juilleret back in the 1900's. **'Revelry'** was the name of a boat owned by Nub Sarns (founder of Nub's Nob), and **'Manitou'**, was not just a name for the local islands, but also a reference to the spirits of many Algonquian groups.

'Puff On' is a term for more wind arriving, and **'Score'** is named after the national business counseling organization formed by volunteer professionals. They played an instrumental part in the new boats for 2008. **'Watercolor'** was the name of Jack and Joanne Martin's first boat (Jack is the 2008 LTYC Commodore), and the **'Edith I'** is named after Edith Irish who founded LTS in 1955. The **'Queen Ann'** was named in honor Edith Irish's daughter, Ann Irish Wilderom, who served as program director of LTS for many, many years.

Cover that head!

Being on the water is a blast. But, don't forget that the sun can have a lasting impact on your skin even after you've finished the day! Covering your head with an appropriate hat (as modeled above) can keep you from looking like a boiled lobster. Most importantly, it can drastically reduce your chance of getting skin cancer. Wear sunglasses, and don't forget your lip protection every time you hit the water.

"Winning is not everything, the desire to win is" - Vince Lombardi

Gentle Breeze (7 to 10 knots)

A type of breeze where flags extend outward. This provides for pleasant sailing, with waves of up to 3 feet.

Fresh Breeze (17 to 21 knots)

This type of breeze causes small trees to sway visible, and the tops of trees to move. Whitecaps begin to appear, and you might think about reefing your sail.

Gale! (34 to 40 knots)

Twigs are broken off of trees, and small boat sailing is not possible. Large, breaking waves are common, with seas of up to 20 feet. This blows 'dogs off chains'!!!

